



## How to register on My.QuestForHealth.com

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the Log In area to enter your username and password and select the green Log In button
  - If you've forgotten your login information, use the **username** link to retrieve your username or the password link to reset your password
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key provided by your employer, and select the **Register Now** button. Registration Key: CFI2023

Blueprint for WELLNESS* Quest Diagnostics*					
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ar Shares	Log In	Create Account			
. 1288 St. 1	Usemame *	Registration Key *			
FP-	Password *	Located in a communication from your company			
	Log.In >	Register Now >			
<b>Y</b>	Forgot your username or password?				
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Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design

## Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. Register and complete your screening to know your numbers, transform your health, and write the story of your life.



- · Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and select the Accept & Continue button



## Terms and Conditions

1. Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacy-policy/online-privacy.html Our Privacy of Protected Health Information (PHI) policy requires that we"must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.
2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program, you are also authorizing and consenting, which genetic information may include blood pressure, BMI, and blood work results such as cholesterol, glucose, and triglycerides, in your spouse's data. Your employer will not receive your results in any form that may match the data to you, though your employer may receive de-identified, aggregated data from the entire population of participating employees.

Contact

#### Accept & Continue >

Download Terms and Conditions



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- If custom consent is required for your program, you will need to read through the consent and select I accept
- Then select the green Continue button



#### Contact

# **ABC** Consent

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○ I accept ○ I decline

Continue

- Under Confirm Your Eligibility, enter your Unique ID, Date of Birth, and relationship to the organization
  - Your Unique ID: First 4 characters of first name, first 4 characters of last name and last 4 digits of your SSN.
  - Your relationship should be either employee or spouse
  - Spouses would need to use the team member's SS#
- Select the green **Continue** button

1 Confirm Your Eligiblity	2 Create Account	3 Enter Your Information
Confirm Your El	gibility	
Please enter your Unique ID (which i	your employee ID) and date of birth	
Employee ID * 123456789A	irth Date * 2/15/1979	
Relation * Employee		
Continue		

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- Create a username and password to log in to your account
  - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase and 1 lowercase letter
- Select the green **Continue** button

	2 Create Account	Bitter Your Information
Croate Your Accou	Int	
Create four Accou	i i c	
Usemame * SampleParticipant123!		
Password *	Confirm Password *	
	<b>0</b>	0

- Verify/complete all of the information under Enter Your Information
  - Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
- Verify/complete all of the information under Mailing Address
- Select if you would like to receive appointment reminders from Quest Diagnostics Health & Wellness
- Select the green Save button

Enter Your Information     First Name   Sample     Bith Date   O2/15/1979   Enale     Pone*   913.555.5555      Panticipant@sample.com   Mailing Address   sampleparticipant@sample.com   Address Line 1*   10101 Renner Blvd   Address Line 2	y Account			
First Name Last Name   Sample Participant     Birth Date Gender*   02/15/1979 Gender*   Example: 01/25/1980 Female   Bmail Address* sampleparticipant@sample.com   Mailing Address   Address Line 1*   10101 Renner Blvd   Address Line 2	Enter Your Information			
Birth Date Gender*   D2/15/1979 Female   Cample: 01/25/1980   Example: 01/25/1980   Email Address *   sampleparticipant@sample.com	First Name Sample	Last Name Participant		
Example: 01/25/1980 Email Address * sampleparticipant@sample.com Mailing Address Address Line 1 * 10101 Renner Blvd Address	Birth Date Gender * 02/15/1979 I Female	Phone * 913.555.5555		
Mailing Address       Address Line 1*       10101 Renner Blvd   Address Line 2	Example: 01/25/1980 Email Address * sampleparticipant@sample.com			
Address Line 1*         10101 Renner Blvd    Address Line 2				
Address Line 1 *       10101 Renner Blvd     Address Line 2	Mailing Address			
	Address Line 1 * 10101 Renner Blvd	Address Line 2		
Country *     City *     State *     Postal Code *       United States     Lenexa     KS - Kansas     66219		State *	Postal Code *	
	Country * City * United States • Lenexa	KS - Kansas	▼ 66219	

- After registering, you will arrive at the dashboard
- Under the Why should you participate section, you will see any program-specific information from your employer, if applicable







## How to schedule a screening at an onsite event

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the Log In area to enter your username and password and select the green Log In button
  - If you've forgotten your login information, use the password link to reset your password or the username link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area enter the registration key provided by your employer, and select the Register Now button. Registration Key: CFI2023
- · After logging in or registering, you will be taken to the dashboard



Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design • To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, select the **Make an Appointment** button



#### Hello, Sample Participant

Schedule an Appointment My Account Contact Log Off



Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



## Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

#### Schedule a Screening >

### Physician Results Form

Download a form that your health provider completes with your recent test results.

## At an Event

Attend a wellness event at work or a location designated by your organization.

#### Make an Appointment >

## At-Home Test

Collect your own screening specimen in your home using the Qcard™ Dried Blood Spot method.

#### Order Form ►

#### Order Materials >

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- · Select the onsite event location where you'd like to complete your screening
- Select the Continue button



- The first available date will populate in the **Date** field; you can click the calendar icon to choose a different date
- Select the **Time** you would like to complete your screening
- Select the **Continue** button

Blueprint	Quest		Hello, S	Sample Pa	rticipant
for WELLNESS®	Diagnostics	Schedule an Appointment	My Account	Contact	Log Off
					Î
	Location	Change			
	NOC 9601 Renner Blvd Ienexa, KS 66213				
	Date & Time				
	Choose a date * 12/05/2018 Example: 01/25/1980	Select the calendar to see other appointment dates available	L.		
	Choose a time *	(h			
	Continue > Back				
	Review & Confirm				
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	Contact FAQ	About Us Privacy Policy Terms			
Quest, Quest Diagno:	stics, the associated logo, Nichols Institute and all associated Quest Diagnostics ma owners. © 2000-2018 Que Language Assistance / Non-Discrimination Notice   /	arks are the registered trademarks of Quest Diagnostics. All third party marks— ֎' and ™– est Diagnostics Incorporated. All rights reserved. Asistencia de Idiomas / Aviso de no Discrimacion   语言援助/不歧视通知	- are the property	of their respe	ective

- · Verify that all the appointment details shown on the screen are accurate
- Select the Confirm button
  - NOTE: Your appointment is not scheduled until you select the Confirm button

Blueprint for WELLNESS®	Quest Diagnostics"	Schedule an Appointment	Hello, hedule an Appointment My Account		
	Location NOC 9601 Renner Blvd lenexa, KS 66213	Change	<u>e</u>		
	Date & Time Wednesday, Dec 05, 2018 8:08 AM	Change	<u>e</u> 📀		
	Review & Confirm Confirm Cancel Your appointment is not scheduled until you click confirm.				
				₽ A	



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- Once your appointment has been scheduled you will arrive at the Confirmation screen
- Select the green Back to Dashboard link to return to the dashboard



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- On the dashboard, you will be able to see your scheduled appointment
- You can select the green Download to Calendar link to add the appointment to your calendar
- If needed, you can use the green buttons to cancel or reschedule your appointment

Blueprint	Quest		Hello,	Sample Pa	rticipant	
for WELLNESS®	Diagnostics"	Dashboard	My Account	Contact	Log Off	
	Scheduled				Í	
	At an Event					
	NOC 9601 Renner Blvd Ienexa, KS 66213					
	Wednesday, Dec 05, 2018 Store information?					
	Download to Calendar					
	Why You Should Participate Completing a screening gives you the knowledge you need to identify your health risks and transform your health.		**			

## Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the <u>stories of their</u> <u>lives</u> with the information gained from screenings.



Did insights from your screening help you transform your health?