

Attention Team Members on Westgate's Medical Plans It's time for your required Clinical Health Risk Assessment (CHRA)

Start the year off right and take an active role in improving your overall health by completing your annual CHRA.

CHRA will be available February 1, 2024 - February 29, 2024

Follow these easy steps:

1. For Minimum/HPP/Base/PPO plans Login to<u>www.umr.com</u>



For Health Scope plan participants

Login to <u>www.healthscopebenefits.com</u>
2. Click on the "Take a CHRA" tile



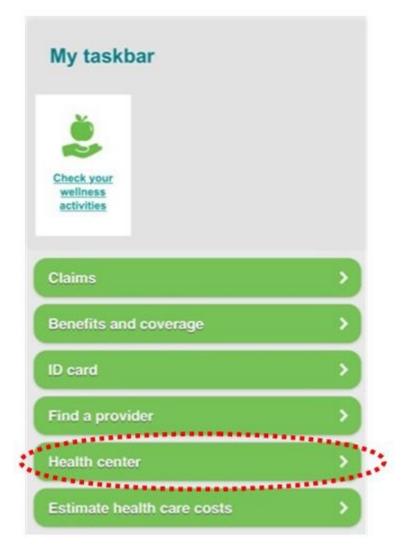
Or use your mobile device:

1. For Minimum/HPP/Base/PPO plans
Login to www.umr.com

For health scope plan participants Login to <u>www.healthscopebenefits.com</u>



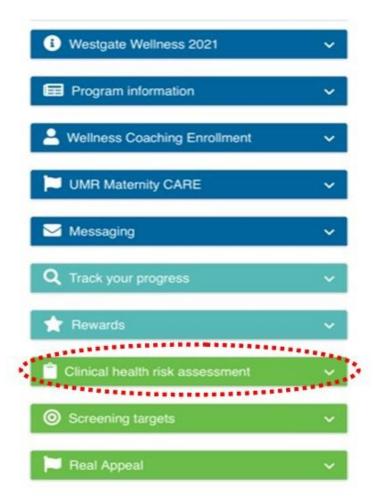
2. Click on Health Center



3. Click on Wellness Activity Center



4. Click on Clinical Health Risk Assessment



Annual CHRA and Biometric Screenings are required to continue in the Westgate Wellness Program and be eligible for the lower wellness premiums and cash incentives for the Benefits Plan Year 2024-2025.

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