# Welcome To Serenity

When you step inside Serenity Spa by Westgate, not only are you arriving at an award-winning destination spa, you are also entering a world designed to restore and balance your mind, body and spirit with each treatment.

## Massages

Signature Serenity Massage 110 min | \$411 Experience a full body massage with six of our most popular enhancements.

#### Epic Custom Massage 50 min | \$217 80 min | \$314

A personalized massage that will address your specific needs. Your massage therapist will consult with you to create goals tailored to your benefit.

#### Prenatal Custom Massage

50 min | \$217 80 min | \$314 Tension-reducing massage focusing on promoting overall health and well-being for expectant mothers.

## Fire & Ice Focused Massage 50 min | \$229 80 min | \$333

A deep tissue massage to relieve tension and decrease inflammation. 80-minute can also include a full body relaxation massage upon request.

#### Craniosacral Therapy 50 min | \$229 80 min | \$333

Gentle hands-on technique to examine membranes and movement of the fluids in and around the central nervous system.

## Soothing Hot Stone Massage

80 min | \$333 Hot stone massage to relax and release deep tension and promote circulation.

## Chakra Healing Ritual

80 min | \$333 Relaxing massage incorporating medical-grade essential oils and chakra balancing crystals to promote total wellness.

#### Thai Massage 80 min | \$333

Fully clothed modality holistically treats the body through targeted acupressure and stretching.

## Tranquil Hot Oil Massage

## 80 min | \$350

Abandon oneself in warmth and tranquility, designed specifically to melt your stress and anxiety away providing a cocoon of healing comfort. This service includes a hot oil scalp treatment. Upon finishing the service, indulge in luxury tea and cookies.

# Signature Serenity 4-Handed Massage 80 min | \$585

Enjoy twice as much body work in one session. Choose two massage therapists, or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

## Massage Enhancements

Pain Relief Spot Treatment\$16.50Includes an essential oil based cream to be used on an<br/>area of extra tension.\$16.50Hot Stone Sampler\$16.50Hot Stone Massage on one desired area to further relax<br/>and alleviate tired muscles.\$16.50Essential Healing Oil\$16.50Massage infused with essential oils to promote total<br/>body wellness.\$16.50

#### Dry Glove Exfoliation \$33 Remove dead skin cells, improve circulation and reduce toxins via lymphatic massage. Take-home exfoliation gloves are included.

Foot Ritual \$33 Exfoliating scrub followed by a hydrating foot wrap.

#### Fascia Release \$33 Mobilization therapy to help aid healing in the soft tissues such as fascia, ligaments and muscles.

Arnica Leg Pain Relief \$33 Leg-focused massage and stretching with pain-relieving liniment and hot stones.

#### Coconut Milk Scalp & Hair Hydration \$33 Hydrating scalp massage with warmed coconut milk that assists in retaining natural moisture, enhances overall texture and appearance of the hair.

### Gemstone Collagen Mask

Eye \$33 Full Face \$55 Collagen-boosting mask applied with jade roller for

additional detoxification benefits. Take-home serum is included with the full-face mask.

## Lounge Enhancements

#### Private Lounge

\$70

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Each Guest will receive an aromatherapy foot soak while enjoying *complimentary* sparkling wine, cider and refreshments in a private cozy setting. \*\$30 Per Additional Guest

## Skincare

#### Signature Serenity Facial 110 min | \$374 Custom facial, Purifying Back Treatment and six of our

most popular enhancements. Tranquil Custom Facial 50 min | \$203 80 min | \$292 Custom facial based on your skin type, condition and

Custom tacial based on your skin type, condition and goals. Includes cleansing, exfoliation, extractions (if needed) and mask.

### Sublime Age Defying Facial 80 min | \$325

Enhance the appearance of skin tone and texture with a warm enzymatic peel and skin-tightening mask. Significant results with just one treatment.

### Facial Glo

50 min | \$225 Custom chemical exfoliation to lift dead skin cells, revealing younger-looking, supple skin.

## Purifying Back Treatment

45 min | \$203

Back treatment to help clear out clogged pores. Includes cleansing, mineral exfoliation, extractions (if needed) and specialized mask to draw out impurities.

### Hydrafacial

50 min | \$308 80 min | \$434

Deeply cleanse, extract and hydrate the skin through super serums filled with antioxidants, peptides and a customized booster. Perks available as upgrades based on your consultation.

# Signature Serenity 4-handed Massage & Facial 80 min | \$523

Enjoy twice as much body work in one session. Choose two massage therapists or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

# Skincare Enhancements

Brow or Lash Tint Results can last 4 to 6 weeks.	\$33
Single Area Facial Wax Choose between upper lip or chin.	\$33
Coconut Milk Scalp & Hair Hydration Hydrating scalp massage with warmed coconut milk assists in retaining natural moisture, enhances overall texture and appearance of the hair.	\$33
Foot Ritual Exfoliating scrub followed by a Hydrating Foot Wrap.	\$33
Dry Glove Exfoliation Remove dead skin cells, improve circulation and reduce toxins via lymphatic massage. A take-home exfoliation glove included.	\$33
NuFACE® Microcurrent Treatment Tone and tighten neck and facial muscles with innovative microcurrent technology.	\$33
Custom Lip Rejuvenation	\$33

Brown sugar scrub exfolicition followed by a collagen lip mask, Hyaluronic Acid Quench and a hydrating lip balm.

### Gemstone Collagen Mask

Eye | \$33 Full Face | \$55

Collagen-boosting mask applied with jade roller for additional detoxification benefits. Additional take-home serum included.

## Lounge Enhancements

Private Lounge

\$70

Each Guest will receive an aromatherapy foot soak while enjoying *complimentary* sparkling wine, cider and refreshments in a private cozy setting. \*\$30 Per Additional Guest



Aromatherapy Body Scrub 50 min | \$203 80 min | \$292 Exfoliating and hydrating medical-grade essential oil infused body treatment. Includes Coconut Milk Scalp Treatment and Foot Ritual.

## Signature Treatments

#### Signature Serenity Massage 110 min | \$411

Full body massage with six of our most popular enhancements.

#### Signature Serenity Facial 110 min | \$374

Relaxing facial, Purifying Back Treatment and six of our most popular enhancements for a full body rejuvenation.

# Signature Serenity 4-Handed Massage & Facial 80 min | \$522

Enjoy twice as much body work in one session. Choose two massage therapists or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

#### Signature Serenity Pedicure Experience 80 min | \$264

This luxurious pedicure includes grooming of the nails, hydrating foot wrap, hot stone massage on legs and feet, hydrating hand wrap, gemstone collagen face mask with take-home serum, and a relaxing upper body massage. Sparkling wine, cider and refreshments included.

## Spa Kids & Teens (Ages 8-15)

## Mini & Me Spa Day

2 hr | \$732

For any child ages 8-15 and their guardian. Includes a 40-minute massage and 40-minute facial in the same room. Also enjoy refreshments and a take-home gift in the private lounge.

## Signature Serenity Kids

50 min | \$187 Mini facial or massage, back scrub, coconut milk scalp hydration and a foot hydrating service.

## Nail Care

#### Signature Serenity Pedicure Experience 80 min | \$264

This luxurious pedicure includes grooming of the nails, hydrating foot wrap, hot stone massage on legs and feet, hydrating hand wrap, gemstone collagen face mask with take-home serum, and a relaxing upper body massage. Sparkling wine, cider and refreshments included.

# Packages

#### Serenity Experience

4 hr | \$688

80-minute Epic Custom Massage, 50-minute Tranquil Custom Facial, Signature Serenity Pedicure Experience. *Complimentary* lunch included.

#### Revitalizing Hydra Package 3 hr | \$605

Deeply cleanse, extract and hydrate the skin through super serums filled with antioxidants, peptides and a customized booster during our 80-minute HydraFacial and complete your spa day with our 80-minute Signature Serenity Pedicure.

#### Mind, Body & Soul Package 3 hr | \$495

3 hr | \$495 50-minute Epic Custom Massage, 50-minute Tranquil Custom Facial and a 50-minute Private Yoga Class.

### Journey to Wellness

2.5 hr | \$440 Choose one of the following experiences: 80-minute Epic Custom Massage & 50-minute Tranquil Custom Facial 50-minute Epic Custom Massage & 80-minute Tranquil Custom Facial



## Couple's Treatments

Prices Per Couple

Couple's Room 50 min | \$474 80 min | \$668 Each Guest can choose between Tranquil Custom Facial or Epic Custom Massage

Couple's Reconnect

110 min | \$788 Two 55-minute Epic Custom Massages & two 55-minute Tranquil Custom Facials Each Guest will receive a Foot Ritual and Coconut Milk Scalp Hydration.

## Couple's Enhancements

Private Couple's Lounge

30 min | \$70 Guests will receive an aromatherapy foot soak while enjoying *complimentary* sparkling wine, cider, tea and refreshments in a private cozy setting. \*\$30 Per Additional Guest

## Private Couple's Soak

30 min | \$100

A serene soak for two in the couple's private suite. Choose between a scented milk bath or aromatherapy salt. Sparkling wine, cider and refreshments included.

## Yoga

Private Session 55 min | \$137.50 \$15 Additional Guest

#### Mind, Body & Soul Package 3 hr | \$495

50-minute Epic Custom Massage, 50-minute Tranquil Custom Facial and a 50-minute Private Yoga Class. Gentleman's Treatment

Gentleman's Facial 50 min | \$203 80 min | \$292 Custom facial based on skin type, condition and goals. Includes cleansing, exfoliation, extractions (if needed) and mask.

Epic Custom Massage 50 min | \$217 80 min | \$314 Custom massage based on your consultation, addressing your needs to achieve the desired results.

# Spa Amenities

Must be scheduled. Complimentary with any spa service.

Hydrotherapy Whirlpool Hot Tub With Waterfall Enjoy a calm and luxurious hydrotherapy experience

Enjoy a calm and luxurious hydrotherapy experience where you can relax before or after your services. *Complimentary* wraps are provided and swimsuits are available for purchase.

## Dry Cedar Sauna

Located in the locker room, our dry cedar sauna will help you relax and unwind before or after your service.

## **Relaxation Lounges**

Relax with dim lighting, calming music, tea and refreshments. Upgrade to a private lounge for one or two Guests.

### Eucalyptus Steam Room

Find your serenity while enjoying a detoxifying steam experience in the eucalyptus infused room.

## Spa Etiquette

BOOKING APPOINTMENTS & CANCELLATION POLICY

- A credit card is required at the time of booking to hold spa reservations.
- There is a 24-hour cancellation/rescheduling policy. Failure to cancel/reschedule treatments within this time frame will result in a 50% service charge and 20% gratuity fee.
- Guests that arrive late will be charged full treatment price.

## ARRIVAL AT SERENITY SPA

- Please arrive 15-20 minutes prior to your scheduled treatment to change into a spa robe and begin relaxing.
- We kindly ask that all Guests silence their cell phones to ensure a tranquil experience for everyone.
- If you would like to request a specific technician, please do so at time of booking.

AKTG 145549

License #MM9801 effective 2/2021. Please call 435-655-2266 or dial extension 40050 from any resort phone to schedule your spa escape. Prices and offerings are subject to change. Must be 21 years of age or older with valid ID to purchase and consume alcoholic beverages.