ENTREES ALL OF OUR BEEF IS USDA CHOICE, AGED TO PERFECTION AND HAND-CUT ON PREMISES.

NOODLE AND TOFU

5 course meals served with

•BENIHANA ONION SOUP (25 CALORIES) •BENIHANA SALAD (90 CALORIES) •HIBACHI SHRIMP APPETIZER (40 CALORIES) •HIBACHI VEGETABLES (40 CALORIES) •HOMEMADE DIPPING SAUCES (10-170 CALORIES) •STEAMED RICE (300 CALORIES) •JAPANESE HOT GREEN TEA (O CALORIES)



SEAFOOD DIABLO (630 Calories) 37. Sea scallops, calamari, shrimp, assorted vegetables and Japanese udon noodles grilled in a homemade spicy sauce.

SPICY TOFU STEAK (490 Calories) 26.

Tofu, scallions and cilantro grilled in a special spicy homemade sauce.

YAKISOBA (640 Calories) 28.

Japanese sautéed noodles with chicken and mixed vegetables in a special sauce and sprinkled with sesame seeds.



STEAK AND CHICKEN

5 course meals served with •BENIHANA ONION SOUP (25 CALORIES) •BENIHANA SALAD (90 CALORIES) •JAPANESE HOT GREEN TEA (O CALORIES)



FILET MIGNON (250 Calories) 42. Tenderloin* and mushrooms lightly seasoned and grilled to perfection.

TERIYAKI CHICKEN (370 Calories) 32. Chicken breast grilled with mushrooms in a special homemade teriyaki sauce.

SPICY HIBACHI CHICKEN (360 Calories) 32. Chicken breast grilled with green onions and mushrooms in a special spicy homemade sauce.

HIBACHI CHICKEN (280 Calories) 32. Chicken breast and mushrooms grilled with butter and sesame seeds.

HIBACHI STEAK (230 Calories) 36 New York strip steak* and mushrooms hibachi grilled to your specification.

TERIYAKI STEAK (290 Calories) 36. Thinly sliced steak*, scallions and mushrooms grilled in a homemade teriyaki sauce.

HIBACHI CHATEAUBRIAND (360 Calories) 47. 8.5 ounces of center cut tenderloin* and mushrooms lightly seasoned and grilled with garlic butter.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

•HIBACHI SHRIMP APPETIZER (40 CALORIES) •HIBACHI VEGETABLES (40 CALORIES) •HOMEMADE DIPPING SAUCES (10-170 CALORIES) •STEAMED RICE (300 CALORIES)

SPECIALTY COCKTAILS

BENIHANA PUNCH (270 Calories) 13. Myers's Platinum Rum, Bols strawberry and peach liqueurs and tropical fruit juices. Enjoy in a signature mug 21.

BENIHANA MOJITO (260 Calories) 13. Bacardi Silver Rum and Benihana Sake with fresh limes and mint.

COCONUT MOJITO (210 Calories) 13. Cîroc Coconut Vodka and Malibu Rum with coconut, pineapple, fresh limes and mint.

TOKYO MULE (190 Calories) 13. Tito's Handmade Vodka and Benihana Sake with crushed cucumber, fresh lime and ginger beer.

WHITE PEACH SAKE SANGRIA (200 Calories) 13. White wine, Benihana Sake with pineapple juice, white peach and passion fruit purées.

PRICKLY PEAR MARGARITA (241 Calories) 14. Astral Blanco Tequila, lime agave sour and prickly pear purée with a float of Grand Marnier.

LYCHEE BLOSSOM (270 Calories) 14. Absolut Vodka and St-Germain Elderflower Liqueur with lychee purée and pineapple juice.

BENIHANA LONG ISLAND ICED TEA

(230 Calories) 15. Bacardi Rum, Hendrick's, Patrón Silver, Grey Goose Vodka and Combier Liqueur, with fresh lemon sour, black tea and a splash of cola.

MAITAI (270 Calories) 13. Myers's Platinum Rum with orgeat syrup, Angostura bitters, tropical fruit juices and Myers's Dark Rum float. Enjoy in a signature mug 21.

EXOTIC MOJITO (200 Calories) 13. Malibu Mango Rum with passion fruit purée, pineapple juice, fresh limes and mint.

HAIKU COLADA (370 Calories) 13. Malibu Rum with pineapple and coconut and a strawberry purée swirl (frozen).

KAPPA COLLINS (200 Calories) 13. Aviation American Gin, TYKU Cucumber Sake, St. Germain, crushed cucumber, lemon.

RED PLUM SAKE SANGRIA (190 Calories) 13. Red wine, Benihana Sake, plum wine with pomegranate and orange juices.

YUZU MARGARITA (235 Calories) 14. Patrón Silver Tequila and Combier Orange Liqueur with organic agave nectar and yuzu sour mix.

BENI-TINI (180 Calories) 14. Grey Goose Vodka and Yokaichi Shochu shaken with hibiscus-infused tea and passion fruit purée.

RISING SUN LEMON DROP (260 Calories) 14. Ketel One Citroen Vodka, Cointreau, fresh lemon and PAMA Pomegranate Liqueur with a sugar rim.

ENJOY IN A COLLECTIBLE BENIHANA MUG - ADD 8.

Mugs sold separately. Selection may vary by location.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.



SIGNATURE **PUNCH BOWLS**

BLUE OCEAN (1,220 Calories) 55.

A tropical blue concoction with Malibu Rum, New Amsterdam Pineapple Vodka, sake, blue curaçao and tropical fruit juices.

d LA MARCA PROSECCO (120 Cal.) 10.

BABY BLUE OCEAN (270 Calories) 13.

RED FLOWER (1,120 Calories) 48.

A sweet concoction of Absolut Mango, Stoli Raz, raspberry purée and cranberry juice.

Id LA MARCA PROSECCO (120 Cal.) 10.

BABY RED FLOWER (250 Calories) 13.

HURRICANE (990 Calories) 48.

A traditional tropical rum cocktail featuring Sailor Jerry, passion fruit syrup, grenadine and fruit juices.

BABY HURRICANE (220 Calories) 13.

