



# SPA SERVICES

## PACKAGES

### The Ultimate Escape

6 hr

Learn the true meaning of relaxation by giving yourself a one-day, stress free vacation. Indulge with a Serenity Relaxation Massage, Serenity Signature Facial, Healing Mud Body Cocoon, Spa Manicure and Spa Pedicure, Shampoo, Style and Deep Conditioning Treatment. Take a break midday to enjoy a spa lunch. This package will help you forget why you needed a day away in the first place.

### Half Day Getaway

2.5 hr

If you don't have time for a full day of treatments and still want some time for yourself, this package is for you. Receive a Swedish Massage, European Skincare Treatment, Classic Manicure and a Classic Pedicure. This package will revive you and let you take on the rest of the day.

### Couples' Day Away

5 hr

Set aside a day to participate in your partner's treatments. With this package, you will really have some great quality time together. While one partner is enjoying a facial, the other can be present to provide a Foot Massage. And when it's time for the Healing Mud Body Cocoon, one can participate with the caregiver by painting the mud on their partner themselves. After those treatments are provided, you will then be taken to our couple's massage room, where you and your partner will enjoy your Couples Massage. Light lunch provided.

### Serenity Sampler

75 min

Perfect for a first-time spa experience, the Serenity Sampler will introduce you to some of the best treatments our spa has to offer. Receive a 25-minute massage, an Express Facial and our Invigorating Body Scrub. Once you see the new you, you will want more.

### Herbal Detox

2.5 hr

An herbal cleansing and revitalizing program for today's toxin laden lifestyle. Begin with an Invigorating Body Scrub, followed by a Contouring Cellulite Wrap and finish with a Swedish Massage using detoxing aroma oils. Detoxing has never been so much fun.

### Serenity Delight

2.5 hr

The ultimate full-body spa experience. Receive a European Facial, Healing Mud Body Cocoon rich with vitamins and minerals and a full-body Swedish Massage. Your body will thank you.

### Couples' Body Bliss

105 min

Relax and renew side-by-side with our 105-minute body experience. Begin with a rejuvenating foot mask and nourishing hand mask, followed by a foot, leg, hand and arm massage using lavender massage oil for her and Eucalyptus massage oil for him. Then onto a back-mud wrap, lavender and ylang ylang for her, and Eucalyptus and peppermint for him. Enjoy a back massage and finish with a relaxing scalp massage. A delicious chocolate fondue, glass of wine and take home gift complete this decadent experience.

### Mother and Daughter Getaway Package

50 min

Set aside some family time to enjoy a 25-minute relaxing massage side by side, followed by a Classic Pedicure. Using our Ice Cream Fizzy products, you will receive a nail reshape and cuticle touch-up, foot hydration and polish.

## SPA ETIQUETTE

- A credit card is required at the time of booking to hold spa reservations.
- Please arrive 15-20 minutes prior to your scheduled treatment to change into a spa robe and begin relaxation.
- We kindly ask that all Guests silence their cell phones to ensure a tranquil experience for everyone.
- There is a four-hour cancellation/rescheduling policy. Failure to cancel/reschedule treatments within this time frame will result in a 50% service and 20% gratuity fee.
- Guests that arrive late will be charged full treatment price.
- If you would like to request a specific technician, please do so at time of booking.

## FACIALS

Express Facial	25 min
Queen of Versailles Rejuvenating Facial	50 min
Serenity Signature Skincare Treatment	50 min
Acneic Skincare Treatment	50 min
Age Smart Skincare Treatment	50 min
European Facial	50 min
Serenity Facial Peels	25 min
Microdermabrasion	

## FACIAL ENHANCEMENTS

Ultimate Eye Rescue
Ultimate Lip Rescue
Hand Treatment
Facial Waxing (chin, eyebrows, lip)

## BODY TREATMENTS

Healing Mud Body Cocoon	50 min
Invigorating Body Scrub	25 min
Avocado, Aloe and Sweet Orange Hydrating Cocoon	50 min
Contouring Cellulite Wrap	50 min
Aloe and Eucalyptus Sunburn Soothing Wrap (localized areas)	25 min

## MEN'S QUARTERS

Men's Hair Cut	
Men's Hair Color	
Manicure	25 min
Pedicure	25 min
Healing Foot Treatment	25 min
Gentleman's Facial	50 min

## SPA GENERATION SERVICES

(AGES 13 - 15)

Spa Generation Massage	25 min
Spa Generation Facial	25 min
Ice Cream Manicure	25 min
Ice Cream Pedicure	25 min
Spa Generation Brow Design	15 min

## MINI SPA GENERATION SERVICES

(AGES 12 AND YOUNGER)

Mini Ice Cream Manicure	20 min
Mini Ice Cream Pedicure	25 min
Hair Cuts for Boys & Girls	
Cleansing and Hydrating Facial	25 min

## NAIL SERVICES

Manicure Gel Polish Removal	
Classic Manicure	25 min
Spa Manicure	50 min
Hand Rehydrator	25 min
French Manicure	25 min
Pedicure Gel Polish Removal	
Classic Pedicure	25 min
Spa Pedicure	50 min
Paraffin Add-On Pedicure	
Silky Feet Treatment	25 min
Gel Polish Manicure	50 min

## FITNESS SERVICES

One-On-One Training Session
One Month Personal Training
Two Month Personal Training
Fitness Frenzy Package
Nutritional Consultation

## MASSAGES

Relaxation Massage	25 min / 50 min / 80 min
Couples Relaxation Massage	50 min / 80 min
Hot Stone Massage	50 min / 80 min
Deep Tissue Massage	50 min / 80 min
Back, Shoulder and Neck Massage	50 min
Prenatal Massage (available during second and third trimester)	50 min

## MASSAGE ENHANCEMENTS

Aromatherapy
Foot Scrub
Hot Stones
Zen Bamboo
Deep Tissue
Back Scrub
Healing Back Mud
Scalp Application and Massage

## SALON SERVICES

Shampoo and Blow-Dry
Women's Cut and Style
All Over Color
Color Touch-Up (roots only)
Partial Highlights
Full Highlights
Additional Color
Deep Conditioning Treatment (no blow-dry)
Toner with Color Service
All Over Toner and Gloss
Specialty Color (Balayage, Ombre, etc.)
Special Occasion Styling

## BATH BUTLER

\*RESORT GUESTS ONLY

Experience a taste of Serenity Spa by Westgate in your own villa with one of our indulgent hydrotherapy baths. Allow our Bath Butler to prepare everything for you and then leave you to relax and enjoy the soothing waters.

All bath treatments include exfoliating cream, bath body oil, effervescent bath soak and a scented candle.

### Touch of Romance

Soak up the romance with this opulent champagne and rose aroma. Reconnect as you massage each other's body with our exfoliating scrub and luxurious oil for a blissful experience.

### Touch of Tranquility

Relax and calm your spirit with our lavender scent and drift off into a world of your own. Lavender has the power to calm, relax and help aid a peaceful sleep. Let your dreams carry you away.

## BATH BUTLER À LA CARTE MENU

- Chocolate Dipped Strawberries
- Selection of Hydrating Body Oils and Moisturizers
- Selection of CDs for Relaxation and Meditation
- Serenity Spa Waffle Robe
- Sandals
- Additional Candles
- Selection of Aromatic Bath Oil

**Complimentary use of our Redwood Sauna, Eucalyptus Steam Room, Hydrotherapy Spa and Fitness Center is included with your services.**

**Located on the Third Floor | Inside the Pavilion | 407-992-2938 | [www.SerenityByWestgate.com](http://www.SerenityByWestgate.com)**

**SerenitySpa**  
by westgate

